

Book makes a case for greening prisons

Outside Time combines personal narrative with social history to trace the rise, fall and tentative revival of prison farming and horticulture programs. *Outside Time* offers insight into a side of prisons often overlooked – agricultural and gardening work programs – from the perspective of those who ran them.

Written by Hannah Wright, an environmental psychologist and the daughter of a prison farm manager, *Outside Time* calls for the expansion of horticulture programs under the banner of sustainability. With prisons self-sufficient in food until twenty years ago, Hannah argues for the value of this work to be more widely recognised as a means to rehabilitate and humanize.

Outside Time is a detailed account of a little-known history that policymakers, practitioners and scholars will find intriguing. Printed at HMP Coldingley, *Outside Time* is available to order direct from the author at www.hanwrights.com, from bookshops or Amazon.co.uk.

'This book is an unexpected pleasure - well-written, fascinating and full of heart. But above all it's a vital testament to the extraordinary power of gardening and growing food to heal broken lives.'

Hugh Fearnley-Whittingstall, food campaigner

'A gem of a book: a history of, tribute to, and eulogy for prison horticulture and agriculture.'

Alison Liebling, Professor of Criminology, Cambridge University

'A lesson to all of us about reintroducing ourselves to the land and connecting to nature...a powerful reminder that the past has lessons to teach the future.'

Sir Tim Smit, co-founder of the Eden Project

